



LIFE PRIORITY™

YOUR LIFE, OUR PRIORITY

Life Priority™ Designer Food® Formula
From Durk Pearson & Sandy Shaw®

ONE-PER-MEAL LIFEGUARD™

RADICAL SHIELD FOR NEWCOMERS

Value-packed and extremely convenient, **One-Per-Meal LifeGuard™** is a multivitamin, multimineral, multi-antioxidant formulation designed by life extension scientists Durk Pearson & Sandy Shaw® for those newcomers to nutritional supplements who prefer to begin their program with just one capsule per meal.* **One-Per-Meal LifeGuard™** contains the right amounts of nutrients such as copper, iodine, and vitamins A, D, and K—five nutrients you don't want to take too much of.

You would not get adequate amounts of these important nutrients if you took only three capsules of Durk & Sandy's **LifeShield™**, which is intended to be taken at 12 capsules per day.

Yet **One-Per-Meal LifeGuard™** offers remarkable amounts of important nutrients, including phytonutrients (nutrients derived from plants) such as quercetin, which is an important plant polyphenol, and high levels of folic acid, as well as health-promoting amounts of other important vitamins.*

Before going on to higher-end formulations, use **One-Per-Meal LifeGuard™** because .

- It contains 10 high-potency and 15 other vitamins, minerals, and antioxidants that have been clearly established as important for health protection and maintenance*
- It's a good idea for your system to get used to higher doses over an extended period of time

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For more information, see our website

www.LIFEPRIORITY.com

Life Priority, established in 1994, offers supplements that are scientifically-formulated, results-oriented, and GRAS (Generally Recognized As Safe) and are manufactured at USDA and FDA inspected facilities.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Serving Size: 1 capsule
Servings Per Container: 90

Amount Per Serving	% Daily Value
Vitamin A (as vitamin A palmitate)	1667 IU 33
Vitamin A (as beta-carotene)	3333 IU 67
Vitamin C (as calcium ascorbate, niacinamide ascorbate, ascorbyl palmitate)	300 mg 500
Vitamin D (as cholecalciferol)	300 IU 75
Vitamin E (as dl-alpha tocopheryl acetate)	67 IU 220
Vitamin K (as phytonadione)	47 mcg 60
Thiamine (vitamin B1 as thiamine hydrochloride)	5.2 mg 350
Riboflavin (vitamin B2)	6.7 mg 390
Niacin (vitamin B3 as nicotinic acid and niacinamide ascorbate)	40 mg 200
Vitamin B6 (as pyridoxine hydrochloride)	15.3 mg 760
Folic acid	267 mcg 70
Vitamin B12 (cyanocobalamin)	33 mcg 550
Biotin	167 mcg 60
Pantothenic acid (as d-calcium pantothenate)	43 mg 430
Calcium (as calcium ascorbate and d-calcium pantothenate)	31 mg 4
Iodine (as potassium iodide)	50 mcg 35
Zinc (as zinc gluconate)	11.7 mg 80
Selenium (as sodium selenite)	57 mg 80
Copper (as copper bisglycinate)	1 mg 50
Manganese (as manganese bisglycinate)	833 mcg 40
Chromium (as chromium nicotinate glycinate)	67 mcg 60
Molybdenum (as molybdenum glycinate)	167 mcg 220
Taurine	50 mg *
L-Cysteine HCl	33 mg *
Quercetin	17 mg *
Boron (as calcium bororganic glycine)	1 mg *

*Daily Value not established

Other Ingredients: Gelatin, water. Contains no fillers, pollen, soy, wheat, or yeast products, which may cause allergic reaction in some people.

RECOMMENDED USAGE:

Take 1 capsule 3 times a day immediately after meals as a dietary supplement.